Patient Information Sheet - Dexamethasone Nasal Spray

This medicine was compounded specifically for you in a pharmacy in order to fill the prescription your doctor wrote for you. It was specifically made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why a compounded medication has been prescribed, (2) how to properly take this medication, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, if you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: This compounded prescription contains dexamethasone, a corticosteroid.

Use: This medication is typically prescribed to treat inflammation and congestion in the nasal passages.

Side Effects: Often, topical medications provide more localized effects, reducing systemic side effects by circumventing vital organs. Possible local side effects include a runny nose, nasal irritation, headache, or changes in your sense of smell.

Precautions: If some of the fluid drips into the back of the throat, spit it out. Ingestion of the medication may cause stomach upset or vomiting, especially on an empty stomach. You may also experience a sense of gagging or an unpleasant taste. Contact your prescriber as soon as possible if you experience repeated nosebleeds, flu-like symptoms, or unusual vision changes. An allergic reaction to this medication is unlikely, but seek immediate medical attention if you experience a rash, itching, swelling, dizziness, or trouble breathing.

Dosage and Administration: This medication is typically dispensed in a spray bottle and is routinely dosed as 2 sprays into each nostril twice daily for up to 3 or 4 weeks, or as determined by your prescriber.

Storage, Beyond Use Dating and Disposal: The Beyond Use Date is a scientifically derived "expiration" date for each unique formulation, and storage depends on the stability of each individual formulation. Controlled room temperature storage is 68-77℉, and storage under refrigeration is 36-46℉. Please refer to your medication label and auxiliary labels for specific storage requirements and beyond use dating. For information on medication destruction, please visit www.fda.gov and search how to dispose of unused medicines.

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Austin, TX 78756	Austin, TX 78704	Austin, TX 78746	Austin, TX 78717	Austin, TX 78744
512.459.9090	512.444.8866	512.327.8877	512.219.9499	512.646.4007

www.PeoplesRx.com

Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

Last update: April 2021