



Patient Information Sheet – DHEA

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, if you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: This compounded prescription contains dehydroepiandrosterone (DHEA), a precursor to male and female sex hormones (androgens and estrogens).

Use: DHEA may be used for adrenal insufficiency, depression, obesity or hormone replacement therapy in men and women. It may also be used for other conditions as determined by a physician.

Side Effects: Side effects that may go away during treatment include nausea, abdominal discomfort, fatigue, nasal congestion, headache, acne or rapid/irregular heartbeats. In women, the most common side effects are abnormal menses, emotional changes, headache and insomnia.

Precaution: Individuals with a history of abnormal heart rhythms, blood clotting issues or a history of liver disease should avoid DHEA. Please discuss this with your doctor if you have any of these conditions. Also, DHEA is not recommended during pregnancy or breast feeding.

Dosage and Administration: This medicine may be administered as oral capsules or drops, rapid-dissolving tablets and topical preparations. Dosages range from 5-200 mg based on your hormone levels.

Storage, Beyond Use Dating and Disposal: Most forms of compounded DHEA should be stored at controlled room temperature (68°-77°F). The "Beyond Use Date" is the expiration date for compounded medicines. Most DHEA forms are stable for three to six months after the dispensing date, however, it is always best to refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.

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SOUTH LAMAR
3801B S. Lamar Blvd.
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WESTLAKE
2805 Bee Caves Rd., Ste. 416
Austin, TX 78746
512.327.8877
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LAKELINE
13860 Research Blvd., Unit C
Austin, TX 78717
512.219.9499

COMPOUNDING CENTER
4120 Commercial Center Dr. #400
Austin, TX 78744
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Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

Last update: May 2014