# Patient Information Sheet – Fluconazole Nail Polishes

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, if you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

**Description of Medication:** This medication contains fluconazole and Tea Tree Oil, both antifungal agents. DMSO is added to enhance penetration. Some physicians may add Ibuprofen to enhance penetration, as well.

**Use:** This compound is generally used to treat fungal infections of fingernails and toenails.

**Side Effects:** Topical use often provides more localized effects of these agents. Side effects are reduced when bypassing vital organs. Localized irritation or burning is possible.

**Precautions:** Avoid contact with eyes. Avoid using under a heating pad.

**Dosage and Administration:** Apply to the affected nail(s) up to twice daily. Gently wash the area prior to application. Please allow at least 6 to 8 weeks of treatment before determining effectiveness. Always follow your physician's or pharmacist's instructions.

**Storage, Beyond Use Dating and Disposal:** Fluconazole nail polish may be stored at controlled room temperature (68˚-77˚F). The "Beyond Use Date" is the expiration date for compounded medicines. These compounds are stable for 6 months from the date the product was made, however, it is always best to refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.


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*Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.*

Last update: May 2014