Patient Information Sheet – Hydrocortisone Topical

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: This compounded prescription contains hydrocortisone, a corticosteroid.

Use: This medication is prescribed to reduce inflammation and pain.

Side Effects: Often, topical medications provide more localized effects, reducing systemic side effects by circumventing vital organs. Hydrocortisone may cause local irritation at the site of administration. An allergic reaction to this medication is unlikely, but seek immediate medical attention if you experience a rash, itching, swelling, dizziness, or trouble breathing. If you experience muscle weakness, slowed wound healing, thin, fragile skin, unusual bruising, red or purple spots or patches under the skin, hives, rash suppressed reactions to skin tests, tell your doctor or pharmacist.

Administration: This medication is to be applied thinly once or twice daily to localized skin inflammation which can include redness, swelling and/or itching. If prescribed for ultrasound phonophoresis, take medication to therapy session 2-3 times weekly as scheduled. Hydrocortisone is most commonly prescribed at a strength of 5-10%.

Storage, Beyond Use Dating and Disposal: Hydrocortisone gel should be stored at controlled room temperature (68˚-77˚F). The "Beyond Use Date" is the expiration date for compounded medicines. This compound is generally good for 6 months after the dispensing date, however, it is always best to refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.

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512.459.9090	512.444.8866	512.327.8877	512.219.9499	512.646.4007

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Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

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