



Patient Information Sheet ---Hydrocortisone in Methocel Capsule

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: This compounded medication contains hydrocortisone. It also contains methylcellulose to give each dose a "slow-release" effect.

Use: This medication is used as an anti-inflammatory, anti-pruritic (itching), and vasoconstrictive agent. It is used for multiple conditions including adrenocortical insufficiency and allergic and inflammatory disorders. It may be prescribed for additional conditions as determined by a physician.

Side Effects: This medication may cause an increased heart rate and nervousness, changes in mood (including insomnia, euphoria, and depression), fluid retention, high blood pressure, increased blood glucose, increased appetite, nausea, vomiting, and weight gain. It may increase the risk of infections. Effects are more pronounced with long-term use. Contact your physician for persistent or troublesome side effects.

Precautions: Monitor for hypersensitivity. Do not use this medication with untreated systemic infections or with live vaccines. Use with caution with high blood pressure, congestive heart failure, or impaired kidney function. Follow your physician's discontinuation schedule. Avoid sudden discontinuation, especially with long term use.

Dosage and Administration: This medication is compounded as a capsule to be taken orally. Typically this medication is taken once daily in the morning or twice daily. Take with food. The strength and frequency may vary, so always follow the prescriber's instructions. Avoid taking just before bedtime, as this medication may cause restlessness.

Storage, Beyond Use Dating and Disposal: This medication should be stored at controlled room temperature (68⁰-77°F). The Beyond Use Date is a scientifically-derived "expiration" date for each unique formulation. This capsule typically had a Beyond Use Date of 180 days from the date compounded. Please refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.

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LAKELINE

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COMPOUNDING CENTER

4120 Commercial Center Dr. #400
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Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

Last update: May 2014