



Patient Information Sheet – Methyl-B12 Topical Gels

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: This compounded prescription contains various *activated/methylated* vitamins.

Pyridoxal-5-phosphate (P5P)- Vitamin B6
Methylcobalamin- Vitamin B12
Hydroxocobalamin- Vitamin B12
Cholecalciferol- Vitamin D3
Leucovorin calcium- folinic acid (Vitamin B9)

Use: This medication may be prescribed for deficiency of B vitamins and associated neural disorders. It may also be used for other conditions as determined by your physician.

Side Effects: Often, topical medications provide more localized effects, reducing systemic side effects by circumventing vital organs. Localized irritation or burning is rare, but possible.

Administration: The Topi-Click™ device may be used to rub the medication into a clean, hairless area, such as the inner forearms. Dosing is generally recommended as once in the morning of split into twice daily. Always follow your practitioner's or pharmacist's instructions.

Storage, Beyond Use Dating and Disposal: Methyl-B12 gel should be stored under refrigeration (36°-46°F). The "Beyond Use Date" is the expiration date for compounded medicines. This compound is generally stable for 6 months after the preparation was made, however, it is always best to refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.

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LAKELINE
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Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

Last update: May 2014