Patient Information Sheet - Nifedipine/Lidocaine/Hydrocortisone Ointment

This medicine was compounded specifically for you in a pharmacy in order to fill the prescription your doctor wrote for you. It was specifically made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why a compounded medication has been prescribed, (2) how to properly take this medication, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, if you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: This compounded prescription contains nifedipine, a calcium channel blocker, lidocaine, a local anesthetic, and hydrocortisone, a corticosteroid.

Use: This medication is prescribed for wound healing, including anal fissures.

Side Effects: Possible side effects include: temporary low blood pressure, rash, nausea, dizziness, and flushing. Side effects are minimized when using topical dosage forms, which bypass vital organs. Itching or a tingling sensation at the site of application is also possible.

Dosage and Administration: Nifedipine/lidocaine/hydrocortisone is typically compounded as an ointment. A small amount is usually applied two to four times daily. Use a finger cot, glove, or Q-tip and apply the medication into the anal canal, focusing on the affected area. Wash your hands before and after applying. **Keep away from children.**

Storage, Beyond Use Dating and Disposal: This ointment should be stored at controlled room temperature (68˚-77˚F). This compound is generally good for six months from the date compounded, however, it is always best to refer to your medications label for specific storage requirements and beyond use dating. The Beyond Use Date is a scientifically derived "expiration" date for each unique formulation, and storage depends on the stability of each individual formulation. For information on medication destruction, please visit www.fda.gov and search how to dispose of unused medicines.

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Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

Last update: February 2022