



Patient Information Sheet – Nifedipine (or Diltiazem)

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: This compounded prescription contains nifedipine (or diltiazem), a calcium channel blocker.

Use: Topically, this compound has been used to relax blood vessels at the applied area to promote healthy blood flow and reduce swelling. Such applications are useful in the treatment of hemorrhoids, anal fissures, diabetic ulcers or other indications determined by your doctor.

Side Effects: Possible side effects include: temporary low blood pressure, rash, nausea, dizziness, and flushing. Itching or a tingling sensation at the site of application is also possible.

Dosage and Administration: Nifedipine is typically prepared as a gel or ointment. A small amount is usually applied two to four times daily.

Storage, Beyond Use Dating and Disposal: This compound can be stored at controlled room temperature (68°-77°F). The "Beyond Use Date" is the expiration date for compounded medicines. This preparation is generally good for six months from the date dispensed, however, it is always best to refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.

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2805 Bee Caves Rd., Ste. 416
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512.327.8877
www.PeoplesRx.com

LAKELINE
13860 Research Blvd., Unit C
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512.219.9499

COMPOUNDING CENTER
4120 Commercial Center Dr. #400
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Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

Last update: May 2014