



## Patient Information Sheet – Nitroglycerin/Lidocaine Ointment

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

**Medication:** This compounded prescription contains nitroglycerin and lidocaine in an ointment base.

**Use:** This medication is often used to treat anal fissures.

**Side Effects:** Headache is the most common side effect, which usually occurs after the first dose and resolves in about 30 minutes. This may be an indication that too much medication is being applied. Other possible side effects include: hypotension, rash, nausea, dizziness, and flushing. Itching or a tingling sensation at the site of application is also possible.

**Dosage and Administration:** Nitroglycerin/lidocaine is typically compounded as an ointment. A small amount is usually applied two to four times daily. Use a finger cot, glove, or Q-tip and apply the medication into the anal canal, focusing on the affected area. Wash your hands before and after applying. Most forms are compounded into strengths of nitroglycerin 0.2 – 0.5% and lidocaine 2–5%.

**Storage, Beyond Use Dating and Disposal:** Nitroglycerin/lidocaine ointment can be stored at controlled room temperature (68°-77°F). The “Beyond Use Date” is the expiration date for compounded medicines. This compound is generally good for six months from the date dispensed, however, it is always best to refer to your medication’s label for specific storage requirements and beyond use dating. Search “How to Dispose of Unused Medicines” at [www.fda.gov](http://www.fda.gov) for info on medication destruction.

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[www.PeoplesRx.com](http://www.PeoplesRx.com)

**LAKELINE**  
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**COMPOUNDING CENTER**  
4120 Commercial Center Dr. #400  
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*Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.*

Last update: May 2014