



Patient Info Sheet – Tejas ENT Nasal Capsules

This medicine was compounded specifically for you in a pharmacy in order to fill the prescription your doctor wrote for you. It was specifically made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why a compounded medication has been prescribed, (2) how to properly take this medication, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, if you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: The active ingredients may consist of a combination of the following ingredients:

- Steroids: ☐ Budesonide ☐ Dexamethasone ☐ Mometasone
- Antibiotics: ☐ Ciprofloxacin ☐ Clindamycin ☐ Gentamicin ☐ Levofloxacin ☐ Mupirocin
☐ Sulfamethoxazole ☐ Tetracycline ☐ Tobramycin ☐ Trimethoprim ☐ Vancomycin
- Antifungals: ☐ Itraconazole ☐ Amphotericin ● Mucolytic: ☐ Acetylcysteine
- Other: ☐ _____ ☐ _____ ☐ _____ ☐ _____

Most formulations also contain LoxaSpersTM and Xylifos, which are bases that improve mucosal adhesiveness, moisturization, and anti-inflammatory activity of the ingredients.

Use: These compounded capsules for nasal irrigation are primarily prescribed for the treatment of sinusitis (inflammation of the nasal passages), which may have underlying causes due to infection or allergies. They may also be prescribed for other sinus conditions as determined by a physician.

Side Effects: Often, topical medications provide more localized effects, reducing systemic side effects by circumventing vital organs. Possible temporary local side effects include a runny nose, nasal irritation, sneezing, headache, cough, or changes in your sense of smell. If some of the fluid drips into the back of the throat, spit it out. Ingestion of the medication may cause stomach upset or vomiting, especially on an empty stomach. You may also experience a sense of gagging or an unpleasant taste.

Precautions: If you experience signs of an allergic reaction (rash, hives, itching, swelling), increase in blood pressure, feeling very tired or weak, unexplained bruising or bleeding, or redness or white patches in the mouth or throat contact your prescriber immediately.

Dosage and Administration: ***SEE OTHER SIDE OF THIS HANDOUT FROM TEJAS ENT***

Storage, Beyond Use Dating and Disposal: The Beyond Use Date is a scientifically derived “expiration” date for each unique formulation, and storage depends on the stability of each individual formulation. Please refer to your medication label and auxiliary labels for specific storage requirements and beyond use dating. For information on medication destruction, please visit www.fda.gov and search how to dispose of unused medicines.

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4018 N. Lamar Blvd.
Austin, TX 78756
512.459.9090

SOUTH LAMAR
3801B S. Lamar Blvd.
Austin, TX 78704
512.444.8866

WESTLAKE
2805 Bee Caves Rd., Ste. 416
Austin, TX 78746
512.327.8877
www.PeoplesRx.com

LAKELINE
13860 Research Blvd., Unit C
Austin, TX 78717
512.219.9499

COMPOUNDING CENTER
4120 Commercial Center Dr. #400
Austin, TX 78744
512.646.4007

*LoxaSpersTM is a proprietary base designed by Pharmacy Compounding Centers of America (PCCA®)

Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

Last update: March 2025



Compound Capsule Instructions

1. Mix 1 compound capsule into a 3 oz bottle of saline and gently instill 5 drops to each nostril, while either laying down or tilting head back, 3-4 times daily.
2. At the end of the day, discard the remaining compound-saline mixture.
3. Make a fresh mixture each day: fill saline spray bottle with 3 oz distilled water and a saline packet, then add compound capsule.
4. Make sure to gently shake the bottle before each use.

**** Continue Mupirocin and saline mixture drops in-between compound treatments.**



1 Compound capsule



Pop the top off of bottle.