



Patient Information Sheet – Testosterone

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, if you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns.

Medication: This compounded prescription contains testosterone. Our source is natural; plant-derived (yam).

Use: Testosterone is used to treat various conditions, some of which are: menopause, atrophic vaginitis (inflammation/decreased lubrication of the vagina), osteoporosis, hormone deficiencies, and other conditions as determined by a physician.

Side Effects: Side effects of this medication can include nausea, vomiting, diarrhea, agitation, depression, acne, persistent erections, changes in libido, clitoral enlargement, voice changes, and electrolyte retention. Women may experience male-like hair growth at higher doses. If you are using a formulation that is applied to the skin you may experience itching, discomfort, or irritation. These effects may go away during treatment. If they continue or are bothersome, check with your physician or pharmacist.

Precautions: Contact your physician as soon as possible if you experience frequent or persistent erections of the penis, nausea, vomiting, ankle swelling, or headache. If you notice other effects not listed above, contact your physician. If you have Diabetes Mellitus and use insulin, this medicine may affect blood sugar and insulin requirements. Monitor blood glucose levels closely and ask your doctor before adjusting your insulin dose.

Dosage and Administration: This medicine may be administered as a transdermal patch, gel or cream applied to the skin, an oral capsule or liquid, implanted pellets, a sublingual drop or lozenge, or an injection. Always follow your physician's or pharmacist's instructions. There is a wide range of dosage possibilities based on your personal testosterone levels and severity of symptoms.

Storage, Beyond Use Dating and Disposal: Most forms of compounded testosterone should be stored at controlled room temperature (68°-77°F). The "Beyond Use Date" is the expiration date for compounded medicines. Most testosterone forms are stable for three to six months after the dispensing date, however, it is always best to refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.

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LAKELINE
13860 Research Blvd., Unit C
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COMPOUNDING CENTER
4120 Commercial Center Dr. #400
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Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

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