# Patient Information Sheet – Thyroid USP Capsules

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are currently taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, if you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns you may have.

**Medication:** This compounded prescription contains the Thyroid USP, a purified porcine thyroid extract. Some forms contain a slow-dissolving ingredient that causes the effect of the medicine to be sustained throughout the day.

**Use:** This medication is used to treat low thyroid function.

**Side Effects:** You should speak with your doctor if you experience symptoms of excessive thyroid function which include headache, nervousness, irritability, trouble sleeping, changes in menstrual periods, excessive sweating, or unexplained weight loss. Contact your doctor immediately if you experience chest pain, rapid or irregular heartbeat, or seizures.

**Dosage and Administration:** This medicine is typically compounded as oral capsules. If dosing once daily, it is best to take the capsule first thing in the morning when you awake. Do not eat or take any other drugs or supplements for at least 1 hour. For twice-a-day dosing, take the afternoon dose on an empty stomach, also waiting an hour to eat or take other medicines. There is a wide range of possible dosages based on your personal thyroid levels and severity of symptoms.

**Storage, Beyond Use Dating and Disposal:** Thyroid USP can be stored at controlled room temperature (68˚-77˚F). The "Beyond Use Date" is the expiration date for compounded medicines. This compound is generally good for six months, however, it is always best to refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.


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*Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.*

Last update: May 2014