



Patient Information Sheet – Triple/All-Purpose Nipple Cream

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. For this reason, no standardized information or literature is available with your prescription. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any, this medicine may have with any other medicines you are currently taking.

Compounding is a long-standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

Call your doctor if you experience any side effects, if you are taking additional medicines that may interact with this compounded medicine, or if you have allergies or other medical conditions that should be noted. Call our pharmacists if information on the label is not clear to you or you have any concerns regarding precautions, ingredients, or proper storage. Our pharmacists are available to address any additional questions or concerns you may have.

Medication: This compounded prescription contains three ingredients: antifungal (clotrimazole), antibacterial (mupirocin), and steroid (triamcinolone).

Use: This medication is used to treat painful nipples of nursing mothers. The ingredients are designed to prevent and/or treat minor fungal or bacterial infections, as well as reduce irritation and swelling.

Side Effects: Topical use often provides more localized effects of these agents. Side effects are reduced when bypassing vital organs. Avoid contact with the eyes. If the areola is not cleaned well before feeding, the residual taste of the cream and ingredients will be bitter to the child.

Administration: This cream is usually applied to the areola after each breastfeeding, up to 4 times daily. Wipe the area with a warm washcloth before the next feeding. It is not recommended to use continuously more than 4 weeks at a time.

Storage, Beyond Use Dating and Disposal: Triple Nipple Cream should be stored at controlled room temperature (68°-77°F). The "Beyond Use Date" is the expiration date for compounded medicines. This compound is generally good for 90 days after the dispensing date, however, it is always best to refer to your medication's label for specific storage requirements and beyond use dating. Search "How to Dispose of Unused Medicines" at www.fda.gov for info on medication destruction.

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LAKELINE
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COMPOUNDING CENTER
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Disclaimer: This Patient Information Sheet explains the proper use and storage of the described medication and is provided as a service to our customers. This guideline is a summary of information and is not intended to replace or act as an official drug monograph. Patients with further questions or concerns specific to this compounded medication should consult their pharmacist. Patients with questions regarding therapy not discussed above should consult their doctor.

Last update: February 2018